

Sensorimotor Retraining for Persistent Pain, Part 1

Dr Jacqui Clark PhD

About this 2-day practical course

Where: High Performance Centre, Blake Park, Mount Maunganui, Tauranga.

When: Sat-Sun 19th-20th October 2024

Investment: \$645 incl. GST.

Pre-requisite: online introductory module

Enrol: www.painsandbrains.com



- First of a 2-part series of practical skills for health providers helping clients with persistent pain, sensory alterations and associated anxiety.
- **How to clinically diagnose nociplastic pain.** Analysis of client characteristics and how to individualise rehab strategies;
- Understanding sensorimotor changes in persistent pain, who is likely to have them and **how to retrain them.**
- **Structured and graded** rehab plan:
Key lifestyle changes; Sensory acuity retraining; rebuilding sensorimotor building blocks via neurodevelopmental sequencing to restore safety in the body.

If you are a **registered osteopath** and need to know more about working with patients with nociplastic pain this will interest you. We welcome any registered health care professionals to join this informative and practical course on Sensorimotor Retraining for Persistent Pain, Part 1, taught by physical pain specialist, Dr Jacqui Clark, PhD. Jacqui comes from “osteopathic stock” and works well with osteopaths in her consultancy work.



Dr. Jacqui Clark PhD

Physical Pain Specialist at Pains and Brains, Tauranga

Member of the Pain in Motion international research collaboration

Jacqui holds a joint-PhD through Manchester Metropolitan University UK and Vrije Universiteit Brussel, Belgium in central sensitisation and chronic pain. As an active member of the Pain in Motion international research collaboration and the New Zealand Pain@Otago group, she is a post-doctoral researcher and a post-graduate lecturer in the subject of anxiety and altered sensory processing in nociplastic pain. Jacqui also chairs a new national Pain Special Interest Group which she initiated with Physiotherapy New Zealand in 2020.

Register at: <https://www.painsandbrains.com/in-person-sensorimotor-retraining-for-pain-course-part-one>